



KUHSC County Qualifier Meet 2026 - Short Course Meet

KINGSTON UPON HULL SWIMMING CLUB

(Affiliated to Swim England North East Region)

ASA Licence Number: 3NE260774

KUHSC County Qualifier Meet 2026

Short Course Meet

www.kuhsc.co.uk

Saturday 12th September 2026

John Charles Centre for Sports

Middleton Grove, Leeds LS11 5DJ

Events for all ages 9yrs & over:

50m: Butterfly, Backstroke, Breaststroke & Freestyle

100m: Butterfly, Backstroke, Breaststroke & Freestyle

100m IM

200m IM and 200m Freestyle (10+ only)

400 IM and 400 Freestyle

- 🏆 10 lane, 25m swimming pool with Electronic Timing
- 🏆 The fastest 6 swimmers in the age 9 category will receive an award
- 🏆 The fastest 3 swimmers in the age categories 10+ will receive an award
 - 🏆 All events Heat Declared Winner (HDW)
 - 🏆 Age on Day of Meet
- 🏆 Swim down facilities available throughout the meet.

Closing Date Friday 21st August 2026



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Schedule of Events

Saturday 12 th September 2026		Saturday 12 th September 2026	
<u>Session One</u> <u>Sat Warm Up 8am start 9am</u>		<u>Session Two</u> <u>Warm Up TBC</u>	
101. OPEN/MALE	200 IM (10 & over)	201. FEMALE	200 IM (10 & over)
102. FEMALE	200 FREE (10 & over)	202. OPEN/MALE	200 FREE (10 & over)
103. OPEN/MALE	50 FREE	203. FEMALE	50 FREE
104. FEMALE	50 BACK	204. OPEN/MALE	50 BACK
105. OPEN/MALE	100 FLY	205. FEMALE	100 FLY
106. FEMALE	100 FREE	206. OPEN/MALE	100 FREE
107. OPEN/MALE	100 IM	207. FEMALE	100 IM
108. FEMALE	50 FLY	208. OPEN/MALE	50 FLY
109. OPEN/MALE	100 BACK	209. FEMALE	100 BACK
110. FEMALE	100 BREAST	210. OPEN/MALE	100 BREAST
111. OPEN/MALE	50 BREAST	211. FEMALE	50 BREAST
112. MIXED	400 FREE	212. MIXED	400 IM



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Meet Rules and Information

1. The competition will be held under Swim England Regulations and Technical Rules of Swimming.
2. The Promoter is Cristina Keskin on behalf of Kingston upon Hull Swimming Club.
3. The event will be licensed at level 3
4. Age groups are based on ages on 12th September 2026 (9yr old must be 9 on or before 12th September 2026).
5. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry or to limit the number of entries to the event. This will be done on a first come first served basis.
6. Swimmers must have an entry time for each event. Entry times must not be faster than the Upper Cut-off Time (UTC). Entry times do not need to come from Rankings; a coach's estimate is acceptable. No Time (NT) entries will not be accepted. Time-only swims faster than the UTC are not permitted.
7. Heats will be arranged according to the submitted entry time; swimmers must submit a time for all events they wish to enter.
8. The one start rule will apply.
9. A secondary start strobe will be available if requested at the time of entry.
10. Over the top and side by side starts may be used at the Promoter's discretion.
11. Swimmers are requested to remain in the water until asked to leave the pool.
12. All individual events will be heat declared winners.
13. The pool is 25m long, 10 lanes with anti-wave lane ropes and electronic timing.
14. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
15. Refreshments may be obtained in the cafeteria but may not be taken on poolside.
16. The fastest 6 swimmers in the age 9 category, will receive an award. In all other age groups the fastest 3 swimmers, will receive an award. Swimmers exceeding the ULT by greater than one second in 50m and 100m races, 2 seconds in 200m and 400m races will receive a special certificate award.
17. Age groups for awards are: 9, 10,11, 12,13, 14,15 and 16+. Awards will be available for collection throughout the day.
18. The female' category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the girls' category, a swimmer confirms their birth sex is female.
19. Entries will open on **1st April 2026** and will only be accepted online at www.openmeets.co.uk
Paper or email entries will not be accepted.



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20. **Entry Fee: £8.00 per event.** All fee payments made via bacs **BACS** - with a payment reference – CQ26Club, KUHSC SORT CODE – **40-25-49** ACCOUNT NO. **50118575** must include the Openmeets meet reference and entry form number(s).

21. Poolside Passes to include: start Lists, results by web, entry onto the poolside and lunch £25 each.

22. Spectator admission is: £10 all day, £6 single session, concession £5 (65y+), 5 years & under free.

23. The CLOSING DATE FOR ENTRIES is **Friday 21st August 2026** or earlier if the meet is declared full. Late entries may be accepted. No refunds will be made for the cancellation of accepted entries after the closing date/ meet is declared full.

24. Swimmers with a disability will swim under IPC Rules. Qualifying times for disability competitors are not required, however entry times will be submitted for the purpose of seeding the heats. Poolside passes/Coach passes will attract the advertised fee. All Coaches, Chaperones and Personal Care Assistants must conform to the Swim England hold Protection Procedures and hold a current DBS certificate. The competition format will be based on disability inclusion within the able-bodied programme. As such, there will be no separate events for swimmers with disabilities. All swimmers will be seeded in the heats according to their entry times. Disability swimmers will also be included within the results for their age group.

25. 200m & 400m Freestyle and 200m & 400m IM events are open only to 10+ years old swimmers. Age as 12th of September 2026.

26. The promoter reserves the right to limit the number of swimmers taking part in the 100m IM, 200m & 400m events.

27. Only swimmers, officials and coaches with passes will be allowed on the poolside.

28. Coaches/Team Managers are responsible for the good behaviour and whereabouts of their swimmers at all times.

29. We request that clubs try to provide at least 1 official for every 10 swimmers. Please email the promoter with names and qualifications. Thank you in advance for your support with this. We can also offer training opportunities for officials as required.

30. Mobile devices must not be used within the changing rooms. Swimmers may only use the changing rooms by the poolside to get change and should not change on poolside. The changing rooms upstairs are for Officials only.

31. GDPR notice: By entering this competition, participants agree that we may publish their personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.

32. The Referees decision is final.

33. Anything not covered within the above will be at the discretion of the Promoters, KUHSC.



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Saturday 12th September 2026

Swimmers must not have swum faster than the Upper Limit Time in the previous 12 months.

LONG COURSE (50m) Converted Times will also be accepted for entry, whichever is quicker.

Upper Limit Times (Not Faster Than)

Open/Male								Female						
9	10	11	12	13	14	15/OV	EVENT	9	10	11	12	13	14	15/OV
34.90	30.80	29.10	27.10	26.60	25.30	24.00	50m Free	35.30	31.30	29.90	29.00	28.50	27.90	26.50
1:18.90	1:06.60	1:02.50	59.20	57.00	55.10	52.90	100m Free	1:20.00	1:07.20	1:03.30	1:02.00	1:01.80	59.50	57.00
	2:24.00	2:15.00	2:08.70	2:03.80	1:58.30	1:55.40	200m Free		2:24.50	2:16.90	2:12.90	2:10.90	2:08.00	2:05.80
	5:20.50	4:44.00	4:30.90	4:21.90	4:10.50	4:07.60	400m Free		5:24.90	5:00.10	4:37.20	4:33.10	4:28.30	4:16.60
40.00	39.50	37.50	35.10	33.70	31.70	29.40	50m Breast	46.80	40.10	38.00	36.60	35.80	34.00	32.90
1:26.00	1:25.60	1:20.50	1:15.30	1:12.20	1:08.20	1:05.40	100m Breast	1:44.30	1:25.30	1:21.30	1:18.10	1:15.80	1:11.80	1:08.80
34.10	33.60	32.30	30.50	29.20	27.60	25.10	50m Fly	40.20	36.30	34.50	32.70	31.70	31.00	30.30
1:15.40	1:14.80	1:10.40	1:06.20	1:03.20	58.20	55.90	100m Fly	1:37.60	1:22.50	1:15.70	1:11.00	1:08.80	1:07.00	1:05.40
35.50	35.10	33.60	31.60	30.50	28.50	28.40	50m Back	40.70	37.40	35.50	33.90	32.80	32.10	31.40
1:15.30	1:14.70	1:10.90	1:06.00	1:03.80	1:00.80	59.60	100m Back	1:31.10	1:21.40	1:15.40	1:11.20	1:08.80	1:07.60	1:06.10
1:18.20	1:17.40	1:15.70	1:13.90	1:06.00	1:04.50	1:00.00	100m IM	1:30.70	1:18.00	1:17.80	1:14.30	1:11.30	1:09.50	1:06.20
	2:43.40	2:34.20	2:26.60	2:16.60	2:13.70	2:10.20	200m IM		2:43.20	2:34.70	2:30.70	2:27.70	2:24.90	2:14.10
	6:16.40	5:46.60	5:25.20	5:09.60	4:42.80	4:30.70	400m IM		6:15.50	5:44.30	5:25.60	5:15.30	5:03.40	4:52.90



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Coach / Team Manager Pass - KUHSC County Qualifier Meet 2026				
Name	Club	Coach/Team Manager	DBS Number	Dietary Requirements

OFFICIALS - WE WOULD APPRECIATE YOUR HELP

Please e-mail: kuhsctrustees@outlook.com

We need many officials to run a successful meet. If you are willing to officiate at our meet, could you please fill the form below and return it with your club entries.

We will contact you nearer the date confirming when we require your help.

Any help you give is very much appreciated. Expenses and a lunch will be provided for anyone willing to help for the day

Name	Address	Contact No./Email	Qualification	Dietary Requirements

PLEASE NOTE - This form will be confirmation from clubs that all coaches/team managers in attendance at the KUHSC County Qualifier Meet 2026 have an up to date and valid DBS and Swim England Safeguarding Qualification.



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Further details available at kuhsc.co.uk or email kuhsctrustees@outlook.com